

# African Powerlifting Federation Record Certificate

This is to certify that

**Nohoua Sekongo**

Of the nation

**Ivory Coast**

On the 1st day of November 2024  
achieved a Deadlift of 220kg in accordance  
with the rules of the  
International Powerlifting Federation  
at the 2024 African Powerlifting and Bench Press Championships  
in Potchefstroom, South Africa

This constitutes an African Record  
in the 84+kg weight division, Classic Women's Open class.  
Dated this 2nd day of November 2024



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton

